

## SPEAKERS' INFORMATION



Dr. Kay Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 20 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with Feeding Problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey is currently the President of Toomey & Associates, Inc., as well as the Clinical Director of SOS Feeding Solutions @ STAR (Sensory Therapy and Research Center) with Dr. Lucy Jane Miller.



Erin Ross, Ph.D., CCC-SLP, Ph.D. received her Doctor of Philosophy from the University of Colorado at Denver and Health Sciences Center in May, 2007, and her Master's Degree in Speech and Language Pathology from California State University, Stanislaus in May, 1988. She completed a Post-Doctoral Fellowship in the Section of Nutrition, Department of Pediatrics, School of Medicine at the University of Colorado, Denver. Dr. Ross works clinically in several NICU settings in the Denver metropolitan area in addition to her work with SOS Feeding Solutions. She has a specialized interest and expertise in evaluating and treating feeding and growth problems in the medically fragile infant and young child. Dr. Ross also speaks internationally on the subject of feeding and growth in the medically-fragile infant.

## COURSE DETAILS

Venue: YWCA Fort Canning Lodge, Multi-purpose Hall

6 Fort Canning Road  
Singapore (179494)  
Tel: 6338 4222

Date/Time: 11, 12, 13, 14 July 2010  
from 8.30 am to 5.30 pm

Registration Fees:

**Early Bird Fee** (Received by 21<sup>st</sup> Mar 2010)

- SHAS and SAOT members: \$1,300
- Non members: \$1,380

**Normal Fee** (Received after 21<sup>st</sup> Mar 2010)

- SHAS and SAOT members: \$1,450
- Non members: \$1,530

Note: VCF funding is being applied

Please send in your registration form together with a crossed cheque made payable to **"KK Women's and Children's Hospital Pte Ltd"** to the following address:

Michelle Lee  
KK Women's and Children's Hospital  
Children's Tower, Basement 1  
Department of Rehabilitation  
100 Bukit Timah Road  
Singapore 229899

**Note:** KKH reserves the right to cancel this course, if necessary. Full tuition reimbursement will be provided on a prorated basis in the event of Coordinator-Instructor cancellation.

For Further enquiries, please contact:  
Michelle Lee  
Tel: (65) 6394 1576  
Email: Lee.Shufang@kkh.com.sg

# S.O.S Approach To Feeding



11, 12, 13, 14 July 2010  
8.30 am – 5.30 pm  
YWCA Fort Canning Lodge (To be confirmed)

*Suitable for:*  
Speech Language Therapists, Occupational Therapists,  
Special Education Teachers, Psychologists, other  
healthcare professionals

*Presented by:*  
Dr Erin Ross and Dr Kay Toomey



The Sequential Oral Sensory (S.O.S) Approach to Feeding workshop is a transdisciplinary program for assessing and treating children with feeding difficulties and weight/growth problems from birth to 18 years. It integrates posture, sensory, motor, behavioral/learning, medical, and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems.

The 3 day basic workshop will take place on 11, 12 and 13 July 2010. The advanced component of the course will occur on 14 July 2010 with a focus on helping children transition off G-tubes, helping feed the child on the autism spectrum, helping the severely impaired child eat better, and helping children with Gastroesophageal Reflux.

### BASIC COURSE: OBJECTIVES

Participants attending will be able to:

1. Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
2. Recognize and describe the major reasons why children won't eat, as based on learning theory principles.
3. Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment.
4. Apply behavioral and social learning principles, and systematic desensitization to feeding problems.
5. Create and implement a S.O.S feeding program for toddlers and young children, in group and individual treatment formats.
6. Identify adaptations to the S.O.S approach for special populations.

### BASIC COURSE: SCHEDULE

#### Program Day 1

Sunday 11<sup>th</sup> July 2010

Topics covered:

- Introduction of S.O.S
- Feeding course: Data, Tenets and Myths
- Learning, Breathing and Motor milestones
- Milestones: Oral Motor and Sensory
- Milestones: Steps to Eating, Developmental Food Continuum, Cognitive and Psychosocial

#### Program Day 2

Monday 12<sup>th</sup> July 2010

Topics covered:

- General Treatment Recommendations, Food Jags
- Feeding assessment
- Introduction to S.O.S. Approach: Desensitization, Cues and Language
- S.O.S Treatment format for Child and Parent

#### Program Day 3

Tuesday 13<sup>th</sup> July 2010

Topics covered:

- S.O.S Treatment format for Food Hierarchies
- S.O.S Treatment format for Hierarchy Strategies
- Managing Maladaptive Behaviors
- Parents as Partners

### ADVANCED COURSE: OBJECTIVES

#### Feeding the Child on the Autism Spectrum

Participants will learn to:

1. Describe the sensory problems of children with Autism Spectrum Disorders (ASD) that make feeding especially difficult for them
2. Describe at least 2 components of the Adaptation of the S.O.S Approach to Feeding for children with ASD
3. List at least 3 hierarchy strategies for children with ASD

#### Transitioning Children off Gastrostomy Tubes

Participants will learn to:

1. Describe at least 3 common problems with Nasogastric tubes
2. Identify at least 2 reasons why children gag and retch with tube feedings

3. Describe the optimal feeding environments and cues and for infants, toddlers and the older child

4. Discuss the criteria to discontinue Gastrostomy tube (G-tube) feeding

5. List possible methods for weaning a child from a G-tube.

#### Working with the Severely Impaired Child

Participants will learn to:

1. Describe the role of cognitive development in working with children who are severely involved
2. Demonstrate a graduated hierarchy of supports and motor prompts in working with a child who is severely motorically involved
3. Outline factors to consider in using feeding strategies when working with a visually impaired child

#### Children with Gastroesophageal Reflux

Participants will learn to:

1. Define Gastroesophageal Reflux (GER)
2. Describe at least 4 causes of GER
3. List the major clinical signs of GER at each of the 5 ages from birth to 16 months
4. Identify at least 3 feeding treatment strategies for helping to manage GER

### ADVANCED COURSE: SCHEDULE

#### Program Day 4

Wednesday 14<sup>th</sup> July 2010

Topics covered:

- Feeding the Child on the Autism Spectrum
- Transitioning Children off G-tubes
- Working with the Severely Impaired Child
- Children with Gastroesophageal Reflux