

COMMONWEALTH INTERNATIONAL SPORTS SCIENCE CONGRESS 2010

“*Play, Triumph, Scientifically*” 27th -30th Sept 2010, www.cissc2010.org

PRE-CONGRESS COURSE “24th-27th Sept, 2010” on

MANUAL THERAPY & TAPING COURSE FOR THE VERTEBRAL COLUMN AND PELVIC COMPLEX



This is a 4 days(32Hrs) Hands-on Workshop targeted for both physiotherapy students and clinicians that discusses all new trends for the identification & management of Vertebral Column and Pelvic Complex Dysfunctions. The work presented at this course is an integration of concepts advocated by **James Cyriax, G.D Maitland, Mc Kenzie, Mennell, Edwards, Lee, Janda, Jull** and **Richardson** and the **clinical experience of the presenting author**. Special emphasis is given on Clinical reasoning and Evidence Based Practice.

Target Audience: Physiotherapists / Physiotherapy students (3rd Year onwards) from reputed institutions. There is no pre-requisite of Manual Therapy experience.

Course Contents

- 1. Introduction: 6 Hrs:** Eras of development in Physiotherapy, Introduction to Manual Therapy (Different Schools of Thought), Manual Therapy: Definitions, Indications and contraindications, Biomechanical Principles in Manual Therapy(Fryette's Laws, Concave-Convex rule, Close pack and Loose pack Positions, Joint status gradings), Barrier concepts , Assessment of dominant eye.
- 2. Cervical Region Manual Therapy Examination and Treatment : 8 Hrs :** Principles of Subjective examination, Clinical reasoning and Physical examination for Cervical region, VBI Testings, Passive Physiological Intervertebral Movements(PPIVM',s) , Passive Accessory Intervertebral Movements (PAIVM's) and Combined movements in Cervical region. Manipulative techniques for Cervical Region, Taping Techniques for Cervical Region.
- 3. Thoracic Region Manual Therapy Examination and Treatment : 8 Hrs :** Principles of Subjective examination, Clinical reasoning and Physical examination for Thoracic region, Passive Physiological Intervertebral Movements(PPIVM',s) and Passive Accessory Intervertebral Movements (PAIVM's) in Thoracic region. Manipulative techniques for Thoracic Region, Taping Techniques for Thoracic Region.
- 4. Lumbo-Pelvic Complex Manual Therapy Examination and Treatment : 10 Hrs :** Examination of the Lumbo-Pelvic Complex with thorough Clinical reasoning process, Form closure and force closure concepts, Assessment and Treatment of Innominate dysfunctions, Sacral rotation dysfunctions and Pubic symphysis dysfunctions based on Clinical reasoning and evidence based practice, Taping Techniques for the Lumbo-pelvic region.

Course Resource Person: PROF. UMASANKAR MOHANTY

B.P.T(Hons), M.P.T(Manual Therapy), (PhD),S.R.P(London),MISEP(U.S.A), M.I.A.P, F.A.G.E

[Trained under faculties of Loma Linda University (USA), Orthopedic Medicine International (Belgium), University of Queensland (Australia), Chartered Society of Physiotherapy(U.K), BCOM (London) and McConnell Institute (Australia)]

President, Manual Therapy Foundation of India (R.) , Member, International Society of Educators in Physiotherapy

International Partner, American Physical Therapy Association(A.P.T.A,U.S.A)

Programs conducted successfully by the resource person at Delhi, Chennai, Ahmedabad, Hyderabad, Mangalore, Surat, Coimbatore, Baroda, Warangal, Punjab, Bhopal, Mangalore, Dhaka, Sharjah, Manila and London.

Time Frame: September 24th - September 27th, 2010.

Timings: 9.00 a.m. - 5.00 p.m.

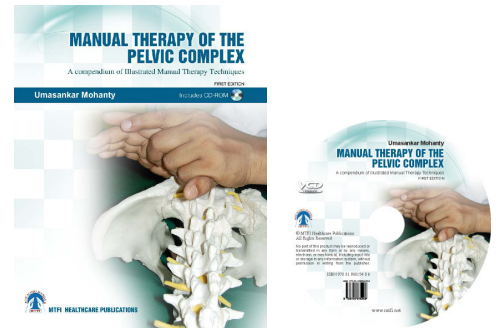
Credit Hours: 32 Hrs (4 Days) Recognized throughout the Globe.

No. of Seats: 30: Register early to confirm your seat, Seats will be allotted on first come first serve basis only.

Course Fees: **Rs 6,000/-** (**Please note:** The course fee does not include registration for CISSC 2010 Congress. However, registration for CISSC 2010 Congress is mandatory)

Course includes:

- **Latest book of Prof. Umasanker Mohanty on Pelvic Complex**
- **Study Materials**
- **Workshop Participation Certificate**
- **Transcript of Workshop**
- **1 CD containing some important techniques**
- **Lunch.**



Venue: Faculty of Applied Science (Block-Q), Manav Rachna International University, Sect-43, Aravalli Hills, Surajkund Road, Faridabad-121003 website: www.mriu.edu.in

Registration: The **Registration Form** can be downloaded from the website www.ciissc2010.org/registrations

Payments: The payments to be made in form of **DD** in favor of " **14th Commonwealth International Sports Science Congress 2010**" payable at New Delhi.

Course Co-ordinator:

Dr.Pavas Jaiswal, Head, Faculty of Applied Science, Manav Rachna International University, Sect-43, Aravalli Hills, Surajkund Road, Faridabad-121003 (Haryana) **Contact: +91-9811336728, +91-129-42688892. Email: pavas.pt@gmail.com**

Address of Communication:The Demand Draft and the Registration Form should be send to:

Mrs. Gurjeet Kaur Chawla
Co-ordinator, CISSC-2010
Faculty of Applied Sciences – Q Block
Manav Rachna International University
Sec-43, Surajkund Bhadkal Road
Aravalli Hills, Faridabad-121003 (Haryana) Email: ciissc2010@gmail.com

For Queries:

- **Prof. Umasanker Mohanty**, President, Manual Therapy Foundation of India, Flat No:806, Vajreshwari Apartments, Vitobha Temple Road , Near Car Street, Mangalore-575001, (Karnataka). Contact #: **+91 94481 04132, +91 94486 96414, +91 824 2496249.** E-Mail: info@mtfi.net

Please Note: 1. Limited Seats. Register early to secure your seat.

2. Receipts with detail information about the venue of the program will be informed by email to the registrants.