

## INFORMATION SHEET

**Project title** *Effectiveness of a tailored Evidence Based Practice (EBP) program for Filipino Physiotherapists: a Randomized Controlled Trial*

**Researcher's name** *Janine Margarita R. Dizon  
PhD Candidate – International Centre for Allied Health Evidence (iCAHE)  
University of South Australia*

Thank you for your interest in this project. This project aims to assess the effectiveness of the tailored evidence-based practice (EBP) program to teach knowledge, skills, attitudes and behavior to EBP.

This project has been approved by the University of South Australia's Human Research Ethics Committee. If you have any ethical concerns about the project or questions about your rights as participant, please contact the Executive officer of this Committee, Tel: + 61 8 8302 3118; Email: [Vicki.allen@unisa.edu.au](mailto:Vicki.allen@unisa.edu.au)

### **Who is conducting the project?**

Janine Margarita R. Dizon, a current PhD student of the University of South Australia and a faculty of the College of Rehabilitation Sciences of the University of Santo Tomas is conducting this project. This is the main part of the PhD research project and scholarship granted to the researcher.

### **What is being conducted?**

A tailored EBP training program for Filipino physiotherapists is being conducted in this study. The EBP training program has been developed from preliminary exploratory researches on historical perspectives of physiotherapy practice in the Philippines, profile of physiotherapy practice, perspectives of teaching EBP among Filipino physiotherapists and systematic review of EBP programs and components of effective programs. The findings of these researchers, principles of adult learning and educational strategies have informed the development and tailoring of the EBP program for Filipino physiotherapists. The developed EBP training program is a one day activity, consisting of six lectures and four practical sessions. The training program has also been pilot tested and has been found to be practical and fits the needs of the Filipino physiotherapists.

### **Project overview**

This project will be conducted to a population of Filipino physiotherapists who will be randomly allocated to either the intervention (EBP training) or control (waitlist) groups. Baseline assessment of knowledge and skills to EBP will be conducted to both groups using the Adapted Fresno test (McCluskey and Bishop 2009). At the end of the one day training, post knowledge and skills to EBP will be measured using the same test. Feedback will be obtained from the participants to assess their attitudes to EBP and to better improve the program. During the training, photos will be taken to document the activity. After the training, a link to the online support, especially developed for the purpose of the study, will be provided to the participants to facilitate the use of evidence in practice. This online support is part of the intervention aimed at addressing barriers to EBP, specifically time and access to the literature. Participants can access the link any time they need assistance. Those who log in from the link will be tracked and coded by the primary researcher to check how often each participant logs in.



At the end of the project, a report summarising the findings of the research will be sent to participants through email.

Those who consent to take part in the project are free to withdraw at any stage without affecting their status now or in the future.

All records containing personal information and emanating from this project will remain **strictly confidential** and no information which could lead to identification of any individual will be released. All collected data will be stored in CDs and paper copies, in a secured cabinet, identified by the title of the study, at the International Centre for Allied Health Evidence, University of South Australia, for a period of five years. Only the primary researcher will have access to this data.

## Researcher

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